



## *Signing In :*

**Gandhi said, "Forgiveness is the attribute of the Strong."** When our thoughts, words and actions co-relate with one another...the happiness is ours and we are able to love others sincerely and seriously. Our triangular relationship with God, others and oneself reveals our priorities and speaks about our nature and behavior. True, impediments may occur in our life, but our strong and transparent relationship with God, others and oneself makes the problems tiny to be tackled with. There comes the real glow on our face, as we know face is the index of our mind. Let's peep into this newsletter.

## *Principal's Desk :*

Month of October is closely linked with the name of St. Therese of Child Jesus popularly known as "Little Flower". We are also emotionally attached to this name because our dear institution (St. Theresa's College for women) bears the name of our heavenly Patroness: St. Therese. Every year we celebrate our Patroness Feast on 1<sup>st</sup> October. We have a lot to learn from her. Let me draw up some reflections about her :

### Love of God , Love for Others , Prayer , Faith and Hope

St. Therese had a simple yet powerful message that still resonates in the hearts of millions today. Her letters, autobiography, and other recollections of her life help us understand her "Little Way" and use it in our daily lives.

Her sense of commitment led her to a profound experience of the love of God and of neighbor. She never had an easy life, but she did live with a great sense of peace and joy.

St. Therese translated "the little way" in terms of a commitment to the tasks and to the people we meet in our everyday lives. She took her assignments in the convent of Lisieux as ways of manifesting her love for God and others. St. Therese believed that Jesus was with her and loved her from her childhood.

**Prayer**, for St. Therese, was a way of walking with God. Whether it was a period of meditative prayer, community prayer in the chapel with the other her religious sisters or the prayer of lifting her heart to God in short prayers of intercession or praise, she realized that God was with her.

In suffering Therese always united her heart to Jesus Christ. She believed that even suffering, however difficult, had a place in God's redemptive love for us. She was convinced that our suffering, in union with the suffering and death of Jesus Christ, could help to transform the world. God who directed her journey in faith was with her always.

As we cherish the life style of our beloved Patroness St. Therese, let's also try to imbibe some of her great but simple path ways to experience God's love and pass on that love to our neighbor.



**– Dr. Sr. Marietta D'mello**

## Students' Block :

### Women's Equality Day :

Centre for women studies organized Women's Equality Day-Gender Equity Day on 26<sup>th</sup> August, 2019. It is basically commemorated as the woman's right to vote as well as the idea of equality between men



and women. **Mrs.B.Mariemma**, faculty, department of Telugu gave a guest lecture to the members of Centre for Women studies. She enlightened the students about the rights of women and she beautifully brought out the status of the women from ancient times till date. A role play was performed by the Students on 'effect of social media on youth'. All the members of Centre for Women studies participated in the programme. She also stressed on the need for equality at Workplaces, libraries, organizations, and public facilities etc.



### Communication and Soft Skills:

Practical Examination for II Year degree students was held on 1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> October, 2019 on Communication and Soft Skills by the **Department of English**. Students were tested in presentation of Information Transfer Module, Body Language and Role plays. Under Information Transfer Module the students interpreted pie-charts, bar diagrams, tree diagrams, models and charts.



## Staff Block :

### Participation in Seminars / Workshops / Conferences :

**Dr. Sr. Marietta D'Mello**, Principal and **Dr. P. Ratna Mary** Associate Professor in Economics participated in a Seven day Faculty Development Programme on 'Recent Trends in Teaching and Learning methodologies using ICT in Higher Education Institutions from 24<sup>th</sup> to 30<sup>th</sup> October, 2019 at Sir. C. R. Reddy College, Eluru.

### Paper Publications :

The **Department of Zoology, Faculty**, published the following articles for the academic year 2019-20 :

**Dr.R.Indira, Mrs.N.Lakshmi prasanna, Mrs.N.Nirmala,Sk.Masarat Jaha Begam** published a paper on "An epidemiological study on Acne in Different age groups of women in and around

Dwaraka Thirumala, west Godavari district A.P. in European Journal of Biomedical and Pharmaceutical Sciences, ISBN-2349-8870, Impact factor-6.044, ICV-77.3, Vol-6, Aug. Special issue 9, 2019, pg.no.1-4.



**Dr K.S.V.K.S.Madhavi Rani, Mrs.N.Nirmala & G.Suneetha** published a paper on "Prevalence of hearing impairments in different age groups of Eluru, West Godavari district, A.P. in European Journal of Biomedical and Pharmaceutical Sciences, ISBN-2349-8870, Impact factor-6.044, ICV-77.3, Vol-6, Aug. Special issue 9, 2019, pg.no.5-8.

**Dr K.S.V.K.S.Madhavi Rani, Mrs.N.Lakshmi prasanna** published a paper on "Empowering women and strengthening community health: a study on "Osteoporosis" in different age groups of people in Eluru, West Godavari District A.P. in European Journal of Biomedical and Pharmaceutical Sciences, ISBN-2349-8870, Impact factor-6.044, ICV-77.3, Vol-6, Aug. Special issue 9, 2019, pg.no.135-140

**Dr.R.Indira, Mrs.N.Nirmala** published a paper on "Prevalence and Clinical Characters of Vitiligo- a common skin disorder" in European Journal of Biomedical and Pharmaceutical Sciences, ISBN-2349-8870, Impact factor-6.044, ICV-77.3, Vol-6, Aug. Special issue 9, 2019, pg.no. 140-143.

**Mrs. N. Lakshmi prasanna** published a paper on "Striking prevalence of cervical spondylitis in patients of Krishna district, Andhra Pradesh in in European Journal of Biomedical and Pharmaceutical Sciences, ISBN-2349-8870, Impact factor-6.044, ICV-77.3, Vol-6, Aug. Special issue 9, 2019, pg.no.193-196.

**Dr.R.Indira, Dr K.S.V.K.S.Madhavi Rani, Mrs.N.Lakshmi prasanna N.Nirmala, Sk.Masarat Jaha Begam and D.Hima Bindu** –published a paper on "Prevalence of Sinusitis in different age groups of people of Eluru, West Godavari District of A.P." impact factor in an International conference on Recent Trends in Physics, Chemistry & Allied sciences-ISBN No.978-93-86435-86-6 -226-232, published by Ch.S.D.St.Theresa's Autonomous College for Women, Eluru, A.P, India & IMRF Institute of Higher Education & Research, India.

The **Department of Home Science, Faculty**, published the following articles for the academic year 2019-20 :

**Dr. K. V. Padmavathi**, "EDUCATION-A CHANNEL FOR WOMEN EMPOWERMENT" in Journal of Emerging Technologies and Innovative Research (JETIR), Volume – 6, Issue – 5, ISSN NO: 2349-5162. March 2019, Pg. No: 103-107.

**Dr. K. V. Padmavathi**, "SAFETY OF WOMEN – INDIAN SCENARIO" in Journal of Emerging Technologies and Innovative Research (JETIR), Volume – 6, Issue – 3, ISSN NO: 2349-5162. March 2019.

**Dr. K. V. Padmavathi**, "PLIGHT OF ELDERLY" in International



Journal of Research, Volume – VIII, Issue – V, ISSN NO: 2236-6124, Impact Factor 5.7. Scopus suggested journal ID: 10J6CF07B9446F97. May-SP-2019, Pg. No: 41-53.

**Dr. K. V. Padmavathi**, “WELFARE SCHEMES FOR THE ELDERLY” in International Journal of Research, Volume – VIII, Issue – V, ISSN NO: 2236-6124, Impact Factor 5.7. Scopus suggested journal ID: 10J6CF07B9446F97, May-SP-2019, Pg. No: 108-121.

**Dr. K. V. Padmavathi**, “PREVALENCE AND CLINICAL CHARACTERS OF VITILIGO-A COMMON SKIN DISORDER” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>

**Dr. K. Rani**, “MEDICAL TEXTILES” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>

**Dr. M. Padmaja**, “PATIENT SAFETY: ERROR REDUCTION IN HEALTH CARE” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>



**Dr. K. V. Padmavathi** published a chapter “DUAL ESTABLISHMENT-VIEWS OF SPOUSES AND CHILDREN” in “Recent Trends in Physics, Chemistry & Allied Sciences”, Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6, Pg. No: 256-262

**Dr. K. Rani** published a chapter “NANO-TEXTILES” in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 200-204



**Dr. M. Padmaja**, published a chapter on the topic “FOOD AND AGRICULTURE-THE CHEMISTRY INSIDE” in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 251-255

## II Interface Paramarsh:

The second interface meet of paramarsh programme with the mentee colleges was held on 22<sup>nd</sup> October, 2019. The meeting began with a prayer by Dr.P.Ratnamary and team. A cordial welcome was extended to the members by the Principal Dr. Sr. Marietta D’Mello, who assured all cooperation required in setting up committees and for the smooth running of the paramarsh programme. The IQAC coordinator, secretary and other IQAC members in their input sessions briefed the teams about 7 NAAC parameters.

The Five Input Sessions were followed by an interactive session with the mentee colleges as per teams allotment made by the Paramarsh coordinator Dr.Sr.Showrilu. She asked the members to draw an action plan for further action to be taken at the time of visits to various colleges. She thanked each and every member who got involved in this programme. The entire programme was organized by Dr.P.Jyothi Kumari, IQAC member.



## Staff as Resource Persons:

**Dr. Sr. Marietta D’Mello**, Principal cum Associate Professor in Psychology was invited to be the **Chief guest** at a seven day Faculty Development Programme on ‘Recent Trends in Teaching and Learning methodologies using ICT in Higher Education Institutions’ from 24th to 30th October, 2019 at Sir C. R. Reddy college, Eluru.



**Dr R.S.N.Sarma** was an external examiner for Commerce Lab Practical Examination in SDM Sidhartha Mahila Kalasala, Vijayawada on 11th and 12th October, 2019.

**Dr.G.jyothi** HOD of chemistry delivered a **guest lecture** to the UG and PG Chemistry students at St. Joseph’s College, Visakhapatnam on 13th September, 2019.



On 13<sup>th</sup> September, 2019 **Mr.V.Gopinath** Delivered a **guest lecture** on “Homomorphism of Rings” for III B.S.c Students at St Joseph’s College (Autonomous), Visakhapatnam.



## Board Of Studies Meetings:



**Dr. A. Padmavathi**, Lecturer in Microbiology, attended Board Of Studies meeting as University Nominee in Micro biology on 11<sup>th</sup> July, 2019 at DNR College ,Bhimavaram.

**Dr. A. Padmavathi**, lecturer in microbiology attended B.O.S. meeting at Y.N. College Narsapur on 16<sup>th</sup> August, 2019 as university nominee.

**Dr. D.Fathima Rani** attended Board of studies meeting at St. Joseph College, Vizag on 09<sup>th</sup> September 2019 and participated in the college Ethnic day celebrations.



**Dr.G.jyothi** HOD of chemistry attended Board of Studies meeting as subject expert at St.Joseph's Autonomous College, Visakha patnam on 13<sup>th</sup> September 2019.



**Mr.V. Gopinath**, Lecturer in Mathematics attended Board Of Studies Meeting as the subject expert on 13<sup>th</sup> September 2019 at St. Joseph's College for Women (Autonomous), Visakhapatnam.



**Dr. D.Fathima Rani** attended Board of studies meeting at JMJ College, Tenali on 14<sup>th</sup> September 2019.

**Dr. A. Padmavathi**, Lecturer in Microbiology attended PG Board Of Studies meeting as subject expert in Microbiology at DNR College ,Bhimavaram on 15<sup>th</sup> October, 2019.



## IQAC Meeting:

**Dr. R. Madhavi** attended IQAC meeting held at Siddhartha Mahila Kalasaala at Vijayawada as an ex-officio of the IQAC of the college to give her expert opinions on the NAAC parameter on 23<sup>rd</sup> September 2019.



## Activities Block :

### St Theresa's feast :

The **department of Botany** celebrated St. Theresa's feast on 1<sup>st</sup> October, 2019 for the entire college campus. The programme commenced with a prayer. The students depicted the life history of St. Theresa through a skit and song. All the staff and students wished the management and expressed their token of love and gratitude by offering fruits. On this occasion, Dr. Sr. Marietta D' Mello, Principal, blessed the gathering. Dr.Sr.Showrilu, Vice-Principal wished the staff and students.



### Gandhi Jayanthi :

**NSS Programme officers** of Ch.S.D.St Theresa's College for women organized a special programme on Gandhi Jayanthi on 1<sup>st</sup> October 2019. **Ms Vijayaratna kumari**, **Department of History** gave a talk on Gandhian principles to the NSS Volunteers. She also spoke on the role of Gandhiji in freedom fight and inspired the students about the importance of democracy.



### Fit India Run:

**NSS programme officers and NSS volunteers** of Ch.S.D.St Theresa's College for women(A)Eluru Participated in **Fit India Run** on 2<sup>nd</sup> October 2019 in association with **SETWEL**, Eluru. The main aim of this programme is to make Indians healthy by following healthy practices.



### Signing Out :

"I offer you peace. I offer you love.  
I offer you friendship. I see your beauty.  
I hear your need. I feel your feelings.  
My wisdom flows from **The Highest Source**.  
I salute **That Source** in you.  
Let us work together for Unity and Love." - **Mahatma Gandhi**.  
Hope Theresian Chime enriched you despite semester exams.  
Stay connected always.....