



CH.S.D.ST.THERESA'S COLLEGE FOR WOMEN

(AUTONOMOUS)

Affiliated to Adikavi Nannaya University, Rajamahendravaram

Gavaravaram, Katta Subbaraothota, Sanivarapupeta Road, Eluru - 534003 A.P.

Ph: 08812 - 251210, 250380

chsdtheresa@gmail.com

2.3.2: The institution adopts effective Mentor-Mentee Schemes to address academics and student-psychological issues

This system helps students to strengthen their mental well-being. Each teaching staff is assigned with the group of students as her wards. The ward can approach her tutor at any time for consistent guidance and support in academic challenges and psychological issues throughout her academic journey.

System:

The college allots a group of students to each mentor. Wards meet their mentor weekly ones to discuss academic progress, set goals, address challenges, and explore opportunities for growth and development. These programs ensure support and guidance for students

Academic Support:

Mentors extend help to their wards in improving study habits, and preparing for exams. They provide guidance on academic planning, career pathways, help students to take decisions about their educational and professional goals.

Personalized Guidance:

Mentors take the time to understand the strengths, weaknesses, learning styles, and personal challenges. This approach allows mentors to address the specific needs of each mentee, providing additional resources, recommending tutoring services, or offering emotional support during stressful periods.

Psychological Support:

Mentors are trained through seminars and awareness programmes to recognize signs of stress, anxiety, depression, or other mental health concerns among their wards. They in turn guide their wards to the counselling cell of the college when needed. This holistic approach ensures support for the ' emotional well-being of students.

Building Confidence and Self-Esteem:

Mentors play a crucial role in building students' confidence, self-esteem, and resilience. They provide positive reinforcement, and help mentees to believe in their abilities

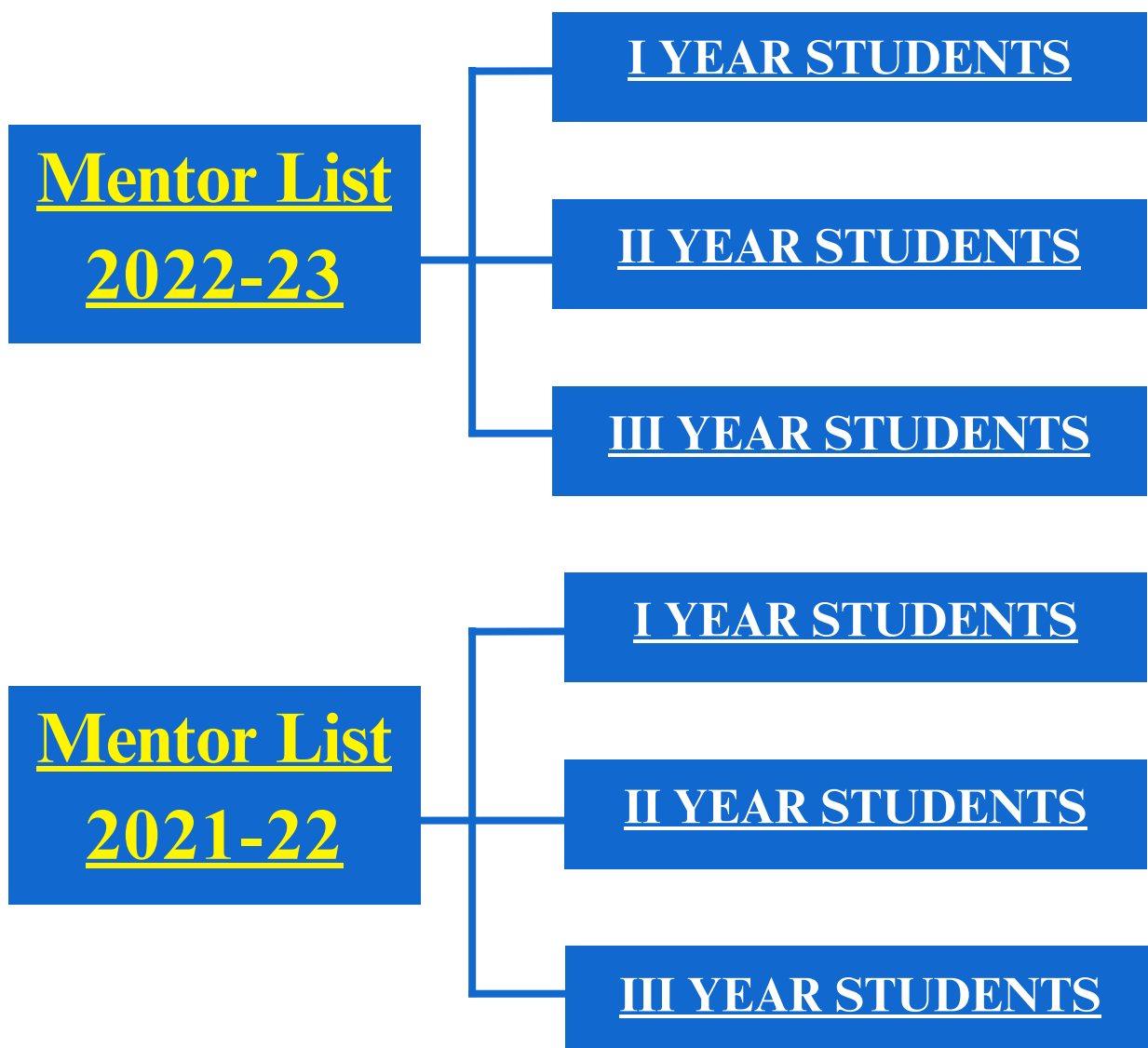
Career and Professional Development:

Mentors share their career experiences, and networking tips with mentees, helping them explore career options and build professional networks. They assist mentees with resume writing, interview preparation, internship opportunities, career guidance for their higher studies.

Monitoring and Evaluation:

The college regularly monitors and evaluates its mentorship programs through Feedback mechanisms, surveys, and evaluations to gather input from both mentors and mentees, identify areas for improvement, and make necessary adjustments. Overall, the ward tutor system provides academic support, psychological guidance, personalized mentorship, and career development opportunities to create a nurturing and empowering environment for students and overall well-being, contributing to the college's mission of holistic education

WEBLINKS FOR ACTIVE MENTORS & STUDENT LIST YEAR WISE



Mentor List
2020-21

I YEAR STUDENTS

II YEAR STUDENTS

III YEAR STUDENTS

Mentor List
2019-20

I YEAR STUDENTS

II YEAR STUDENTS

III YEAR STUDENTS

Mentor List
2018-19

I YEAR STUDENTS

II YEAR STUDENTS

III YEAR STUDENTS



PRINCIPAL

CH.S.O.ST. THERESA'S COLLEGE FOR WOMEN
ELURU-534003, ELURU DIST., A.P.