

**DEPARTMENT OF PG CLINICAL NUTRITION**

**REPORT FOR THE ACADEMIC YEAR 2019-2020**

The academic year 2019-2020 commenced for the faculty on 6<sup>th</sup> June 2019. Classes commenced for the II M.Sc students from 11<sup>th</sup> June 2019. First year students joined college on 24<sup>th</sup> June 2019. Various activities taken up by the department are projected as follows.

**1. ACADEMIA COMPETITIONS:**

Department organized Academia Competitions on 23<sup>rd</sup> July,2019 for all MBA and PG Nutrition students. Two competitions were conducted- Innovative chocolate preparation and Debate on Natural vs Junk foods.

**2. BREAST FEEDING WEEK:**

- ✚ On 1<sup>st</sup> August,2019 students explained about the importance of Breast Feeding, to the college students. Students used various methods like Skit, Videos and Power-point Presentation to express the importance of the Breast Feeding.
- ✚ On 2<sup>nd</sup> August,2019 low cost and nutritious recipe preparation with milk producing ingredients was organized.
- ✚ On 3<sup>rd</sup> August, 2019. The students were encouraged to participate in debate competition on the topic-Breast feeding vs Artificial feeding.
- ✚ Students visited Anganwadi Centre, located at Tangallemudi, Eluru on 7<sup>th</sup> August, 2019. They enlightened the pregnant women and lactating mothers about the importance of breast feeding.

### **3. NUTRITION WEEK CELEBRATIONS**

- ✚ National Nutrition week was celebrated from September 1<sup>st</sup> to 7<sup>th</sup>, 2019. Inaugural function was organized on 3<sup>rd</sup> September in the auditorium at 9.00am. Students created awareness on Importance of balanced diet among the adolescents in the form of Skit.
- ✚ On 4<sup>th</sup> September 2019 group discussion was organized by PG Nutrition students on the topic Natural foods and processed foods.
- ✚ On 5<sup>th</sup> and 6<sup>th</sup> August ,2019 Workshop was organized for the PG students on conducting hematological tests. Resource person for the workshop is Mrs. Aruna from Vamsi Labs, Eluru.
- ✚ On 7<sup>th</sup> August 2019 valedictory function was organized at, Mandal Upper Primary School at Chodimella. Students got an opportunity to interact with adolescent girls and boys. These programmes were organized by Home Science and PG Clinical Nutrition departments in Collaboration with Lions Club of Helapuri. Lions Club members distributed peanut chikki for adolescent girls.

### **PASS PERCENTAGE**

<b>March 2019</b>			
<b>Class</b>	<b>Number of students appeared</b>	<b>Number of students passed</b>	<b>% Pass</b>
II M.SC CN	32	32	100
I MSC CN	36	35	97.2

## INTERNSHIPS

The students of II M.SC Clinical Nutrition had undergone internships in various hospitals for a period of six months from November 2018 to May 2019. They have done internships in various hospitals like

1. KIMS Hospital- Madhapur, Hyderabad
2. KIMS Hospital- Secundrabad
3. Yashoda Hospital- Secundrabad
4. Apollo Hospital- Hyderabad
5. CARE Hospital, Visakapatnam
6. AYUSH Hospital-Vijayawada,
7. ASRAM Hospital-Eluru,
8. Ramesh Hospital-Vijayawada
9. Ramesh Hospital-Guntur
10. Andhra Hospital- Eluru.

The purpose of the Internships is to gain practical knowledge in suggesting therapeutic diets.

## SEMINARS ATTENDED

1. Dr.M.Padmaja attended International forum on **Transformation of Public Health and Community Responsibility** - 8<sup>th</sup> &9<sup>th</sup>, August, 2019 organized by Dept. of Zoology, St. Theresa's College for Women and Medical board of Saudi.
2. D.M.Padmaja attended International Conference on **Recent Trends in Physics, Chemistry and Allied Sciences** on 27<sup>th</sup> and 28<sup>th</sup> September, 2019 organized by Dept. of Physics and Chemistry, St. Theresa's College for Women and IMRF.

## EXTENSION ACTIVITIES

1. Mrs. Ch. Sushma and Ms. M. Priyanka gave guest lectures to the trainers at **Training of Trainers Programme on Gender, Balanced Diet and Child Rights organized by Child Rights Advocacy** at Madepalli, Sriparru, Tangellamudi and Dubacherlla from 21<sup>st</sup> to 25<sup>th</sup> August, 2019.
2. Mrs. Ch. Sushma and Ms. M. Priyanka accompanied PG Clinical Nutrition students for District level Nutrition Month programme organized by Department of Women and Child Welfare at Sir CRR College for Men on 25<sup>th</sup> September. Students were fortunate enough to speak on Importance of Nutrition in day to day life, in front of District officials. They performed roleplay and were appreciated by MEPMA Project Director. College received a memento in appreciation of the performance given by the students.

## PUBLICATIONS

- ✚ Dr. M. Padmaja, published a chapter on Food and Agriculture-The Chemistry Inside in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 251-255
- ✚ Dr. M. Padmaja, “Patient Safety: Error Reduction In Health Care” in European Journal of Bio-Medical and Pharmaceutical sciences, Volume – 6, Issue – 9, ISSN NO: 2349-8870, SJIF Impact Factor 4.918. <http://www.ejpbs.com>.
- ✚ Dr. M. Padmaja, a chapter on “Food and Agriculture-The Chemistry Inside” in “Recent Trends in Physics, Chemistry & Allied Sciences” Compiled and Published by Ch. S. D. St. Theresa’s College for Women (A), Eluru and IMRF

Institute of Higher Education & Research, India, September, 2019. ISBN 978-93-86435-86-6. Pg. No: 251-255

- ✚ Dr. M. Padmaja, “Gandhian Vegetarian Diet- Secret behind health” in ISSN2349-1353, Arts & Education International Research Journal, Volume-6.
- ✚ Dr. M. Padmaja, “Balanced Diet – A Healthy way for you” in proceedings of International Conference multidisciplinary academic research Thailand 2019, Organised by IMRF Institute of Higher Education & Research Thai Chapter at Asian Institute of Technology Conference Centre, Bangkok, Thailand on November 15<sup>th</sup> and 16<sup>th</sup> 2019.
- ✚ Dr. M. Padmaja, “Examination and Evaluation in present day scenario” in proceedings of National seminar on Modern tools in Evaluation – A shift from Quantitative to Qualitative techniques organized by Examination cell sponsored by RUSA 2.0 on 5<sup>th</sup> December 2019.
- ✚ Dr. M.Padmaja, “Bioactive Compounds in Spices – Beneficial Effects on Health ” in Proceedings of National Seminar- Recent Trends in Functional Foods in the Context of Health and technology, organized by Department of Applied Biosciences funded by RUSA 2.0 Under Component 8 on 6<sup>th</sup> and 7<sup>th</sup> December 2019.
- ✚ Dr. M. Padmaja , “ Women in Agribusiness-Success stories” in proceedings of ICSSR-SRC Sponsored two day National Seminar on “Women: The Key to Ensure Food Security” organized by Women Empowerment Cell (Under UGC-Women Studies Centre) K.B.N.College, Vijayawada on 27<sup>th</sup> and 28<sup>th</sup> December, 2019.
- ✚ Dr. M.Padmaja, “ Supplementation of Iron , Protein and Vitamin C, to the identified Anaemic Adolescent Girls” in proceedings of International Conference Malaysia 2020, Organised by International Multidisciplinary research foundation, Malaysia Chapter, IMRF Institute of Higher Education &

Research, India, International Institute of Management , Australia, on January 9<sup>th</sup> and 10<sup>th</sup> 2020.

### **PLAN OF WORK FOR THE ACADEMIC YEAR 2020-2021**

Department is able to execute the annual plan of the academic year 2019-2020 successfully due to the commitment and dedication put forth by the entire faculty in various respects to achieve academic excellence. **May the Lord Almighty** bless each of us for our unconditional services extended at college level. We place on record our appreciation to our lab assistant **Mrs. Krupavani** for her service with utmost patience.

We, the Faculty together wholeheartedly extend our due respect and sincere thanks to our beloved **Principal Dr. Sr. Marietta D' Mello** for her continuous support and **Dr. Sr.Showrilu.K, PG Director** for her guidance and appreciation in all our endeavors.

*"We are not a team because we work together.*

*We are a team because we respect, trust and*

*Care for each other".*

*-Vala Afsar*

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