

DEPARTMENT OF PG CLINICAL NUTRITION

*"We are not a team because we work together.
We are a team because we respect, trust and
Care for each other".*

-Vala Afsar

REPORT FOR THE ACADEMIC YEAR 2018-2019

The academic year 2018-2019 commenced for the faculty on 4th June 2018. Classes commenced for the I and II year students from 19th June 2018. Orientation for First year students was organised on 28th June 2018. B. Radhika of I M. Sc Clinical Nutrition was elected as College Union PG Secretary Various activities taken up by the department are projected as follows.

EXTRA CURRICULAR ACTIVITIES

1. DOKKA SEETHAMMA DIPLOMA COURSE FOR ANGANWADI EMPLOYEES

The West Godavari District Collector Sri K. Bhasakar has envisaged a six month training programme to accord immense value to the experiences of the Anganwadi employees. Adikavi Nannayya University has designed this diploma programme in both the Godavari Districts. The training programme was named as Smt. Dokka Seethamma Diploma programme for Anganwadi Employees. This six months course will focus on updating the Anganwadi employees knowledge on Health and

Nutrition, Functional English, Digital Literacy, Communication skills and Hygiene to be followed in the community. Adikavi Nannayya University has identified four centers in West Godavari District to conduct this programme. Ch. S. D. St. Theresa's College for Women (Autonomous), Eluru is one of the centre. In this center 290 candidates registered and classes commenced from 28th July onwards. The Anganwadi employees from Eluru Urban, Bhimadole, Pedapadu and Chinthalapudi projects attended the course for a period of 6 months. Four staff members were appointed- Ms. P. Sai Sunanda, Ms. D.S. Keziya, Ms. Ch. Harshitha Devi and Sd. Shafiya. Mrs. P.S. Bhanu Prasanna, Mrs. Ch. Sushma and Ms. K. Jyosthna were guest faculty.

2.BREAST FEEDING WEEK CELEBRATIONS

- ✚ Breast Feeding Week celebrations were conducted by students of Clinical Nutrition from 1st to 7th August 2018.
- ✚ On August 1st Breast Feeding Week inauguration was organized to create awareness on importance of Breast milk to the college students. Chief Guest was Mr. Vishnu, Vishnu Wellness Centre, Bhimavaram.
- ✚ On 2nd August Galactagogue nutritious recipe contest was conducted. Dr. N. Nagavardhanam and Major Dr. P.M. Celine Rose were the judges .
- ✚ On 3rd August Power point competition was held on the topic Breast feeding vs Artificial Feeding..Dr.K. Rani and Dr. KVS KS Madhavi Rani were the judges.
- ✚ On 4th August quiz was organized in M. Sc Clinical Nutrition department.
- ✚ On 7th August valedictory was organized in PHC, Titus Nagar for the pregnant and lactating women. Students educated the women on various aspects of Nutrition. These programs are conducted by the Department of Home Science and Clinical Nutrition.

3.INDEPENDENCE DAY CELEBRATIONS

Department of Clinical Nutrition along with Department of Physical Education and Telugu celebrated Independence Day in a befitting manner. Chief Guest was Dr. C. Satya Devi, HOD of Commerce Department.

INTERNSHIPS

Students of II M. Sc Clinical Nutrition are undergoing internships at

- *KIMS Hospital, Kondapur- Hyderabad
- *KIMS Hospital, Secunderabad
- *Andhra Hospital, Vijayawada
- *Ayush Hospital, Vijayawada
- *Ramesh Hospital, Vijayawada
- *Ramesh Hospital, Guntur
- *Apolo Hospitals, Hyderabad
- *Yashoda Hospitals, Hyderabad
- *ASRAM Hospitals, Eluru
- *Andhra Hospital, Eluru
- *GSL Hospitals, Rajahmundry.

PRATIBHA AWARDS:

S.NO	NAME OF THE STUDENT	CLASS
1.	K. Jyosthna	M.SC CLINICAL NUTRITION
2.	BBRT Rama Lakshmi	M.SC CLINICAL NUTRITION
3.	V. Sai Sri Kanya	M.SC CLINICAL NUTRITION
4.	U.Mani	M.SC CLINICAL NUTRITION

PROFICIENCY PRIZES: Three students received proficiency prizes.

S.NO	NAME OF THE STUDENT	CLASS	PROFICIENCY PRIZE
1	P.Saranya	II M.Sc Clinical Nutrition	FIRST
2	G. Mounika	II M.Sc Clinical Nutrition	FIRST
3	P.S. Bhanu Prasanna	II M.Sc Clinical Nutrition	SECOND

GUEST LECTURES DELIVERED BY FACULTY MEMBERS

- ✚ Dr. M. Padmaja gave a talk on “Importance of Adolescent Nutrition” in Arts club of St. Theresa’s College to create awareness about importance of Nutrition to students of Social Sciences on 22nd January, 2019.
- ✚ Mrs. CH. Sushma Attended Food Fest at Siddhartha Vidyalaya on 18th December 2018 and enlightened the parents of school children on importance of healthy diets.
- ✚ Dr. M. Padmaja acted as one of the judges for Sampradaya Ruchulu as a part of Ethnic Week Celebrations by Department of Social Sciences on 19th December, 2018.
- ✚ Dr. M. Padmaja gave a guest lecture to PG Economics students on the topic Reproductive Health on 8th January 2019.
- ✚ Dr. M. Padmaja was the Chief Guest for International Women’s Day celebrations at Sidhvi El Fins School at Eluru on 8th March 2019.

SEMINARS ATTENDED

1. Dr. M. Padmaja, Mrs. Ch. Sushma, Ms. G. Fathima and Ms. K. Jyosthna along with nine II M. Sc Clinical Nutrition students attended International Symposium on “Fats in Maternal and Child Health Nutrition- Indian Context” organized at ICMR- National Institute of Nutrition, Hyderabad, in association with International Society for the Study of Fatty Acids and Lipids (ISSFAL) on 18th September, 2018. This programme was organized as a part of NIN Centenary Celebrations (1918-2018).
2. Dr. M. Padmaja and Ms. K. Jyosthna along with 30 M. Sc Clinical Nutrition students attended 3 day International Conference at National Institute of

Nutrition, Hyderabad from 11th-13th November, 2018 on the topic “Aligning food systems for healthy diets and improved nutrition.”

3. Dr. M. Padmaja, attended an International Conference on “Innovative Domains of Mathematics and Digital Technology” organized by Department of Mathematics and Computer Science of Ch.S.D.St. Theresa’s College for Women , in collaboration with Spectrum Solutions on 27th and 28th November, 2018
4. Dr. M. Padmaja and Ms. G. Fathima attended one day International Conference on ‘Domestic Violence’ organized by Sri Durga Malleswara Siddartha Mahila Kalasala, Vijayawada on 13th December,2018.
5. Dr. M. Padmaja, attended an International Seminar “Contemporary South Asian Literature: Gender and Environment” organized by English Department of Ch.S.D.St. Theresa’s College for Women , sponsored by RUSA on 24th and 25th January 2019
6. Dr. M. Padmaja, attended one Day National Seminar on Empowerment of Women: Recent Trends and Challenges sponsored by UGC at Sir. C. R. Reddy College (Aided and Autonomous), Eluru on 8th February, 2019.
7. Dr. M. Padmaja and Ms. G. Fathima attended one day National Seminar on Cyber crimes on Women- Precautions and Strategies, organized by Centre for Women Studiea, sponsored by National Commission for Women New Delhi in association with AP state Women’s Commission on 19th March 2019 at Ch.S.D.St. Theresa’s College for Women(A) ,Eluru.

PUBLICATIONS

1. Dr. M. Padmaja, “Amalgamation of Mathematics, Statistics and Digital Technology in the research field of Economics and other Sciences, Journal of Applied Science and Computations, ISSN No: 1076-5131, Volume V, Issue XII, December-2018, Pp No: 25-31.
2. Dr. M. Padmaja, “Knowledge and Attitude on Child Rearing among Rural Women in West Godavari District of Andhra Pradesh” Journal of Emerging Technologies and Innovative Research (JETIR) UGC No. 63975 and ISSN No. 2349-5162.
3. Dr. M.Padmaja, “Agricultural Biodiversity and Sustainable Food Systems ” STC Scholars Vision ,Annual Journal of Multidisciplinary/Interdisciplinary Studies and Research, Vol.7, Issue No1, Pg no.100-104, Jan - Dec. ,2018, ISSN No- 2321-6425, Impact Factor: 4.31
4. Dr. M. Padmaja, Sr. Sunila Rani and M. Laahiri , “Biology and Cybercrime– DNA Hacking” International Journal of Research, Multi disciplinary AN ISO: 7021-2008b Certified Journal, (UGC Approved Journal), ID NO.: 10J6CF07B9446F97 ISSN No: 2236-6124 Impact Factor: 5.7, web. www.ijrpublisher.com, pp no.63-68, Special Edition

PLAN OF WORK FOR THE ACADEMIC YEAR 2019-2020

S.NO	DATE	ACTIVITY
1	June,2018	Extending welcome for I & II year students and reorienting them with rules and regulations to be followed for better performance
2	June,2018	Commencing the activities with departmental meeting and decided to conduct weekly departmental meetings
3	August, 2018	World Breast Feeding week celebrations
4	September, 2018	National Nutrition week celebrations
5	November, 2018	Workshop on Disaster Management

Department is able to execute the annual plan of the academic year 2018-2019 successfully due to the commitment and dedication put forth by the entire faculty in various respects to achieve academic excellence. **May the Lord Almighty** bless each of us for our unconditional services extended at college level. We place on record our appreciation to our lab assistant **Mrs. Jhansi** for her service with utmost patience.

We, the Faculty together wholeheartedly extend our due respect and sincere thanks to our beloved **Principal Dr.Sr.Mercy** for her continuous support and **Dr. Sr. Marietta D' Mello PG Director** for her guidance and appreciation in all our endeavors.

***“Coming Together Is A Beginning
Keeping Together Is Progress
Working Together Is Success”***

~ Henry Ford~

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21-03-19