

CH.S.D.ST.THERES'S AUTONOMOUS COLLEGE FOR WOMEN, ELURU

DEPARTMENT OF PG CLINICAL NUTRITION

“Coming Together Is A Beginning

Keeping Together Is Progress

Working Together Is Success”

~ Henry Ford~

REPORT FOR THE ACADEMIC YEAR 2017-2018

The academic year 2017-2018 commenced for the faculty on 19th June 2017. Classes commenced for the I and II year students from 19th June 2017. Orientation for First year students was organised on 28th June 2017. .B.R.T. Rajeswari of II M. Sc Clinical Nutrition was elected as College Union PG Secretary Various activities taken up by the department are projected as follows.

EXTRA CURRICULAR ACTIVITIES

*** BREAST FEEDING WEEK:**

On 1st August, 2017 Breast feeding week celebration was organized by students of Home Science and PG Clinical Nutrition. K. Jyosthna and BBRT Rajeswari II M.Sc gave a talk on “**Awareness on Importance of Breast Feeding**”.

* **NUTRITION WEEK CELEBRATIONS**

Nutrition week celebrations were conducted by students of Home Science and M.Sc Clinical Nutrition from 1st to 7th September 2017.

- * On September 1st National Nutrition Week inauguration was organized to create awareness on importance of Nutrition to the college students. Chief Guest was Mr. Y. Venkateswara Rao, Environmental Engineer, AP Pollution control board.
- * On 2nd September low cost nutritious recipe contest was conducted.
- * On 4th September quiz was organized in M. Sc Clinical Nutrition department.
- * On 7th September valedictory was organized in PHC, Titus Nagar for the pregnant and lactating women. Students educated the women on various aspects of Nutrition. These programs are conducted by the Department of Home Science and Clinical Nutrition.
- * Department is in regular contact and is getting services from the following organization while undertaking various activities.

ICDS-DEPT.OF WOMEN AND CHILD WELFARE: Students are given an exposure to the talks organized with the officials of the department on certain important celebrations of the year like Nutrition Week and Breast Feeding week celebrations. On 1st March all the I M. Sc students visited Anganwadi centers and took anthropometric measurements for the children, this data will be uploaded in the Government website.

RESULT ANALYSIS

We are fortunate enough to get 100% results in all the three semesters of the first batch of students. Congratulations to all the faculty and students for their tireless efforts. We hope to achieve best in the forth coming examinations also.

Achievements /Participation of Students at College Level

S.No	Name of the Student	Achievement	Event, Place & Date
1	P. Vijayasri I M. Sc CN	Library Week Competitions	16 th November,2017
2	All I M. Sc Students	Training of Trainers in Disaster Management organised by SETWEL	Ch.S.D. St. Theresa's College for Women(A), Eluru. 12 th December,2017

INTERNSHIPS

Students of II M. Sc Clinical Nutrition are undergoing internships at

- *KIMS Hospital, Kondapur- Hyderabad
- *KIMS Hospital, Secunderabad
- *Andhra Hospital, Vijayawada
- *Global Hospitals, Hyderabad
- *Bollineni Hospitals, Rajahmundry.

GUEST LECTURES DELIVERED BY FACULTY MEMBERS

- ✚ Dr. M. Padmaja gave a talk on “Importance of Personal Hygiene and Balanced Diet” to 150 NCC Cadets at Annual NCC Cadet Training Camp at Nuzvid, 8th October, 2017.
- ✚ Dr. M. Padmaja gave a talk on “Importance of Adolescent Nutrition” at Centre for Women Studies, 21st November, 2017.
- ✚ Dr. M. Padmaja gave guest lecture on “Peer pressure and Adolescent Eating Habits” in Arts club of St. Theresa's College to create awareness about importance of Nutrition to students of Social Sciences on 22nd January, 2018.

SEMINARS /WORKSHOPS ORGANISED

1. Two day workshop on Training of Trainers in Disaster Management organised by Ministry of Youth Affairs, SETWEL, West Godavari District for all college staff members in West Godavari District on 5th and 6th December, 2017.
2. One day workshop on First Aid Training for I M. Sc Clinical Nutrition students on 9th February by personnel from Red Cross Society.

SEMINARS ATTENDED

1. Dr. M. Padmaja attended an International Conference on Recent advancements in Technical Fields of Computer Science and Mathematics, Eluru, August 21st -22nd 2017
2. Dr. M. Padmaja attended an International Seminar on Role of Physical Education and Yoga in Human Development, SKSD Mahila Kalasala, Tanuku on 19th – 20th June , 2017.
3. Dr. M. Padmaja attended two day workshop on Training of Trainers in Disaster Management organised by Ministry of Youth Affairs, SETWEL, West Godavari District on 5th and 6th December,2017.
4. Dr. M. Padmaja attended a Regional Workshop on Research Based Pedagogical Tool's at Bhavan's Vivekanada College, Hyderabad from 17th – 19th January , 2018.
5. Dr. M. Padmaja attended an International Conference on Women in 21st Century- Challenges and Opportunities, organised by Department of Management Studies, Social Sciences and Women studies in collaboration with Primax Foundation, Bangalore on 9th and 10th, February,2018.

STAFF PARTICIPATION

1. Dr. M. Padmaja has created awareness on “Discipline in the College” during Orientation for PG I yrs on June 28th, 2017 in the Media Centre of the College.
2. Dr. M. Padmaja was one of the judges for Ms. Fresher contest held at college level on 24th June, 2017.
3. Dr. M. Padmaja was invited as external member for project viva in B.A Advance English Board on 15th July, 2017.
4. Dr. M. Padmaja was as one of the judges for recipe contest conducted in Department of Applied Sciences on 1st September, 2017.
5. Dr. M. Padmaja was a member for organizing University Level Kabaddi selections on 9th November, 2017.
6. Dr. M. Padmaja and Ch. Sushma were invited as external member for Practical examinations at Siddhartha Mahila Kalasala, Vijayawada from 13th -15th November,2017
7. Dr. M. Padmaja acted as one of the judges for District level Rangoli competition conducted by NSS on 29th November, 2017.
8. Ch. Sushma gave a radio talk on the topic
9. Dr. M. Padmaja was judge for poster painting competitions organized by Department of Botany during Science week celebrations on 5th February,2018
10. Dr. M. Padmaja judged Market Myopia in INNOMAN 2K18 on 7th February, 2018.

PUBLICATIONS

1. Dr. M.Padmaja, Stress Management In Modern Era, International Journal of Health, Physical Education and Computer Science in Sports, Vol.26, Issue-2, Quaterly- April 2017 to June 2017, Pg. No. 181-184, ISSN: 2231-3265, Impact Factor: 3.565.
2. Dr. M. Padmaja, Computer Tailored Nutrition Education, International Journal of Advanced Research Trends in Engineering and Technology (IJARTET), Vol. 4, Special Issue 21, August 2017, Pg. No. 194-198, ISSN 2394-3777 (Print) ISSN 2394-3785 (Online) Available online at www.ijartet.com
3. Dr. M. Padmaja, Women in Agriculture – A way to achieve Food Security in India, KAAV International Journal of Arts, Humanities and Social Sciences, A referred Blind Peer reviewed, Quarterly Journal, Volume 5, Special Issue No. 1, ISSN No. 2348-4349, Impact Factor-7.918

PLAN OF WORK FOR THE ACADEMIC YEAR 2018-2019

S.NO	DATE	ACTIVITY
1	June,2018	Extending welcome for I & II year students and reorienting them with rules and regulations to be followed for better performance
2	June,2018	Commencing the activities with departmental meeting and decided to conduct weekly departmental meetings
3	August, 2018	World Breast Feeding Week celebrations
4	September, 2018	National Nutrition Week celebrations
5	November, 2018	Workshop on Disaster Management

Department is able to execute the annual plan of the academic year 2017-2018 successfully due to the commitment and dedication put forth by the entire faculty in various respects to achieve academic excellence. **May the Lord Almighty** bless each of us for our unconditional services extended at college level. We place on record our appreciation to our lab assistant **Mrs. Jhansi** for her service with utmost patience.

We, the Faculty together wholeheartedly extend our due respect and sincere thanks to our beloved **Principal Dr.Sr.Mercy** for her continuous support and **Dr. Sr. Marietta D' Mello PG Director** for her guidance and appreciation in all our endeavors.

*"We are not a team because we work together.
We are a team because we respect, trust and
Care for each other".*

-Vala Afsar

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27-03-18